

# Be the Influencer: Guide Your Teen to Drive Sober

## Driving High Isn't Just Risky, It's Dangerous

Even if your teen feels fine, cannabis can:

Slow reaction times



Impair focus and coordination



Increase risk of crashes



### Why Your Conversation Matters

- Teens are more likely to make safe choices when parents set clear expectations.
- Your guidance can prevent legal trouble, injuries, and accidents.
- Talking openly builds trust, they'll feel comfortable coming to you if they're unsure.

### Tips for Talking with Your Teen

**Start early:** don't wait for "the moment."

**Keep it calm and respectful:** listen as much as you talk.

**Use real-life examples:** news stories or experiences they can relate to.

**Set clear expectations** about driving sober.

**Lead by example:** model safe driving and smart choices.

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### Lead the Way

Being an influencer as a parent means guiding your teen to make smart choices, look out for friends, and stay safe behind the wheel.



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