



Be the Influencer: Guide Your Teen to Drive Sober

Driving High Isn't Just Risky, It's Dangerous

Even if your teen feels fine, cannabis can:

Slow reaction times



Impair focus and coordination



Increase risk of crashes



Why Your Conversation Matters

- Teens are more likely to make safe choices when parents set clear expectations.
- Your guidance can prevent legal trouble, injuries, and accidents.
- Talking openly builds trust, they'll feel comfortable coming to you if they're unsure.

Tips for Talking with Your Teen

Start early: don't wait for "the moment."

Keep it calm and respectful: listen as much as you talk.

Use real-life examples: news stories or experiences they can relate to.

Set clear expectations about driving sober.

Lead by example: model safe driving and smart choices.

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Lead the Way

Being an influencer as a parent means guiding your teen to make smart choices, look out for friends, and stay safe behind the wheel.



Funding provided in whole or in part by the Illinois DUI
Prevention and Education Fund

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