



THINKING ABOUT BECOMING A CHW THIS YEAR?



You may already be doing this—supporting neighbors, sharing resources, lifting people up. Let's explore.



Learn more about CHW certification and next steps:

HELPGUIDETHRIVE.ORG

Are you well-suited to become a CHW?

- People come to you for advice or help
- You like connecting people to resources
- You care about your community's health and well-being
- You speak more than one language or understand local cultures
- You've helped friends or families navigate health or social services
- You want a career that makes a difference

If you checked any of these, you may be well-suited to become a CHW.

What is a Community Health Worker (CHW)?

Community Health Worker, or "**CHW**," means a frontline public health worker who is a trusted member of, or has deep knowledge of, the community served.

This trusting relationship enables the Community Health Worker to serve as **a liaison between health and social services and the community, helping facilitate access to services** and improve the quality and cultural competence of service delivery.

A Community Health Worker also builds individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities, including outreach, community education, informal counseling, social support, and advocacy.

What Makes CHWs Unique?

CHWs often bring:

- Lived experience
- Community trust
- Cultural competence
- Strong listening and communication skills

CHWs work in clinics, nonprofits, schools, health departments, court systems, and community organizations.



Imagine Yourself as a CHW

How would you describe your community? (Homes, people, activities, resources, etc.)

Let's explore your interests. Which concerns or needs are most important to you?

- Health access
- Mental health
- Housing
- Food access
- Maternal and child health
- Chronic disease
- Community violence and safety
- Other: _____

