



**Colorectal Cancer Can Be Prevented.**

# SCREENING COULD SAVE YOUR LIFE.

If you're 45 or older, now's the time to get screened.

## WHY SCREENING MATTERS

Colorectal cancer often has no symptoms at first, but it's one of the most preventable and treatable cancers when found early. Screening can find precancerous polyps and remove them before they turn into cancer.

## YOUR SCREENING OPTIONS

Talk to your doctor about what's right for you.

- At-home stool tests (FIT/FOBT/Cologuard): Private and mailed to your home.
- Colonoscopy: Done every 10 years or more frequently if needed.



## DID YOU KNOW?

- **1 in 23 men** and **1 in 25 women** will be diagnosed with colorectal cancer in their lifetime.
- Screening can reduce your risk of dying from colorectal cancer by up to **70%**.
- Colorectal cancer is **more preventable** than most other cancers when caught early.



## TAKE THE FIRST STEP.

- **Call** your doctor or local health clinic.
- **Ask** about colon cancer screening options.
- **Get tested** and encourage a friend or loved one to do the same.

**Colorectal cancer is preventable, but only if you get screened.**