



Don't Skip the Meal, Just Heal

Join us on **June 3, 2023**
for a men's wellness event, including:

- Food demonstrations or health discussion
- Fresh produce giveaway
- Health literacy material

Location:

Edward G. Irvin Foundation,
500 E. 67th Street, Chicago, IL 60637

Time:

noon to 3 p.m. No registration required



Scan this QR code for more health and wellness information.



BlueCross BlueShield
of Illinois

June 2023 Care Van Calendar

June 2023
Care Van Program

**COVID-19 Vaccines are Safe, Effective & Free.
Walk-ups Welcome. No Appointment Necessary.**

**Help Kids Safely Return to School.
Get Caught Up on Vaccines!**

June Care Van Calendar 2023

Date & Time	Event Title	Location	No Cost - Services Provided
June 3 rd , 2023 12:00 pm – 3:00 pm	Men's Wellness Program "Don't Skip The Meal Just Heal"	Edward G. Irvin Center 500 E. 67 th St. Chicago, IL 60637	Nutrition Education Cooking Demonstration – Reducing Heart Disease (Blood Pressure Cuff Distribution) Healthy Food Box Distribution Health Literacy Distribution *Colorectal Cancer Screening & Health Promotion
June 8 th , 2023 10:00 am – 2:00 pm	"Archer-Daniels-Midland Company – Safety Fair"	3420 E. Garfield Ave. Decatur IL 62526	*Colorectal Cancer Screening & Health Promotion Health Literacy Distribution
June 10 th , 2023 8:00 am – 12:00 pm	The Aurora African American Health Coalition 16 th Annual Health Fair	Prisco Community Center 150 W. Illinois Ave. Aurora, IL 60506	Routine Adult Vaccines/Immunizations Healthy Food Box Distribution Health Literacy Distribution *Colorectal Cancer Screening & Health Promotion
June 11 th , 2023 12:00 pm – 3:00 pm	Men's Wellness Program "What's For Dinner – Don't Skip the Meal Just Heal"	Memorial Wellness Center 320 E. Carpenter St. Springfield, IL 62701	Nutrition Education Cooking Demonstration – Reducing Heart Disease (Blood Pressure Cuff Distribution) Healthy Food Box Giveaway Health Literacy Distribution *Colorectal Cancer Screening & Health Promotion
June 12 th , 2023 10:00 am – 7:00 pm	Men's Wellness Program "Men's Wellness Monday"	Blue Door Neighborhood Center – Morgan Park 11840 S. Marshfield Ave, Chicago, IL 60643	Blood Pressure & Glucose Screenings *Colorectal Cancer Screening & Health Promotion Ask A Doc Health and Wellness Activities Community Resources Healthy Food Box NASCAR Simulator Mental Health Awareness Game Room

<p>June 12th, 2023 10:00 am – 7:00 pm</p>	<p>Men's Wellness Program "Men's Wellness Monday"</p>	<p>Blue Door Neighborhood Center – South Lawndale 2551 W Cermak Road Chicago, IL 60608</p>	<p>Blood Pressure & Glucose Screenings *Colorectal Cancer Screening & Health Promotion Ask A Doc Health and Wellness Activities Community Resources Healthy Food Box NASCAR Simulator Mental Health Awareness Game Room</p>
<p>June 17th, 2023 12:00 am – 3:00 pm</p>	<p>Combined Veterans Luncheon & Expo</p>	<p>Morton West High School 2400 Home Avenue Berwyn IL 60402</p>	<p>*Routine Adult Vaccinations (Shingles, Hep A, Pneumonia)</p>
<p>June 21st, 2023 9:00 am – 2:00 pm</p>	<p>Active Senior Expo</p>	<p>Northshore Sports Center 1900 Old Willow Road, Northbrook, IL 60062</p>	<p>*Routine Adult Vaccinations (Shingles, Hep A, Pneumonia)</p>

Things to remember:

- Services are provided at NO-COST
- Food Distribution – Limited Quantities Available
- BP Cuffs Distribution – Limited Quantities Available
- All Vaccines/Immunizations are provided to Illinois Comprehensive Automated Immunization Registry Exchange (I-Care)
- Physical "Care Van" unit may or may not be onsite at all events; services will still be rendered
- Colorectal Fit Kits are provided to eligible populations; between ages 45 -75 years old, have not been screened for colorectal cancer in the past year and have not been diagnosed with a colorectal cancer.

Contact: Carevanprogram@bcbsil.com